Case study - Daniel

Case and schedule description:

28 year old mother, first time birth.

17.2.20 - The mother gave birth at home; the birth went excellent. The mother was taken to hospital for episiotomy.

The mother has flat nipples, which make it hard for the baby to latch, a silicone shield was recommended.

22.2.20 – Lactation consultant. The LC reports that the baby does not latch the nipple well and the mother is suffering pain due to wounds (vas 8). mother and baby releases home

Interventions:

Mother was trying to breastfeed without a nipple shield, but the baby refused to breastfeed without it. The decision was that the mother will continue to breastfeed with the nipple shield in addition of getting a proper latching instruction.

At the same time, she was given a plan of how to keep mother milk production by using breast pump., in view of the use of the silicone nipple.

Recommendation was to use Nursicare Pads to reduce the pain and wound treatment. The instruction given included the use of pads inside the bra, after a slight moistening the nipple with water prior the first use. Download only during breastfeeding and on both sides.

Outcomes & Conclusions:

25.2.20 – Two days after starting to use Nursicare, in addition lactation consultant guiding of proper latching, the mother reported that the wounds and pains were completely gone.

Left side:

Before starting use Nursicare - VAS pain scale - 8



After two days of using Nursicare

VAS pain scale - 0



Right side:

Before starting use Nursicare - VAS pain scale - 8



After two days of using Nursicare

VAS pain scale - 0

