Case Study - Hana

Introduction- Ariela Levi, LC, IBCLC for since 2014. Ariela is running a private breastfeeding clinic for X years, work as LC at the TLV medical center and one of the founders of advanced lactation consultant course for IBCLC who want to extend their professionality.

General overview:

35 years old, second childbirth. On her first labor she had very high nipple sensitivity that caused her cease breastfeeding on a very early stage. This time she had rapid labor that known as a factor to impact breastfeeding quality at early stage.

The Case:

Sores nipples, together with very high sensitivity, pinkish nipples that turning into white.

Observation of the two nipples shows the mother suffering from vasospasm, most often this cause to more sores and pain.

Hannah has a nice amount of milk, so there is a risk of drip and rapid degradation of the pads. Therefore, the recommendation is to replace the pads quite frequently, once a day / two depending on the condition. The instructions included instructions on removing both pads at each breastfeeding.

Previous treatments:

Lanolin ointment

Working on proper latching positions

Vasospasm treatment that includes worming the nipple area and blood flow to the tips of the nipples

Current treatment:

The mother got Nursicare Therapeutic Breast pads with instruction of use.

- Constant use in Nursicare, take off only when breastfeeding
- Taking both sides out while breastfeeding
- Moisten the nipple prior first use
- Changing pad when saturated

Mother Feedback:

" Hi Ariella, really good! I'm back to breastfeed from both sides. It is sometimes still a struggle to succeed sore side, but for the most it works.

Now that I know about vasospasm, I make these touches and it immediately passes. I also wanted to buy the vitamins but I still could not get to the store .. Maybe I will succeed on the fifth.

My wounds have improved too!

We made pretty much progress on every front. "

Conclusions:

The mother returned to breastfeed on both sides. One side still produces more breastfeeding difficulties, but most often it passes quickly.

Learning proper breastfeeding technique allows pain to pass faster. There was a marked improvement in wounds and general breastfeeding feeling.

The feeling was that Nursicare made a very quick feeling of relief for Hannah, and the wounds improved relatively quickly. Thanks to this, Hannah was able to continue to breastfeed, relatively without much pain, and after the wounds had improved breastfeeding flowed well without pain at all.

Schedules and clinical outcomes:

Time zero	Day 0	
	Pain level 6 of 10 Baby is 4 days old Highly sensitive nipples	
	Sore nipples, treatment with Nursicare and correct breastfeeding positioning	
3 Days later		
	Pain level 1 of 10 Impressive improvement in the wounds.	